Your Name in Large Font, Bold

Houston, Texas 77025 • 713-333-1818 • <u>vourname@gmail.com</u>

PROFESSIONAL PROFILE or QUALIFICATIONS SUMMARY or CORE COMPETENCIES

Create a concise, snapshot overview of your strengths and skills as they relate to the job to which you are applying. This section should be chock-full of relevant keywords and phrases as well as any significant, key accomplishments to let the employer know you are an excellent match for the position!

PROFESSIONAL EXPERIENCE (List in reverse chronological order)

Position Title in Bold

Month Year - Month Year

Name of Company or Organization - City, State

- Offer additional <u>knowledge</u>, <u>skills</u> and <u>abilities</u> to supplement the information included in your cover letter or qualifications summary (if used)
- Focus on accomplishments and results, not just day-to-day job duties
- Provide as much detail as possible to convey how your work benefited the organization
- Quantify any measurable results wherever applicable by incorporating #, %, \$, rankings, lengths of time, and frequency (daily, weekly, monthly, quarterly, yearly) to put your accomplishments in context
- Use relevant industry buzzwords and mimic the language used in the job posting

Position Title in Bold

Month Year - Month Year

Name of Company or Organization - City, State

- Begin each bullet point with an <u>action verb</u>
- If it happened in the past, make sure you write verbs in the past tense
- Avoid repetition: try not to use the same words and/or phrases over and over again
- Include any <u>promotions</u> or special <u>awards</u> or accolades earned

SKILLS

List computer skills, software programs, lab skills, and/or language skills here: (e.g. fluent in, proficient in, conversational, basic)

EDUCATION

Exact Title of Degree in Major (e.g. Bachelor of Arts in Communication)

University of Texas - Austin, Texas

Year of Graduation

Overall GPA or GPA in Major: (Optional – only if <u>3.0</u> or higher)

TRAINING & CERTIFICATIONS (Optional)

List any relevant continuing education, certifications, licenses, and/or additional training you have

AWARDS/HONORS (Optional)

Include any awards, honors, or scholarships

Year(s) awarded

ACTIVITIES (Optional)

Professional Association, any Title?

Year(s)

• Volunteer Organization, any Title?

Year(s)

— If you have held a leadership position, describe accomplishments and contributions



RESUME CHECKLIST



LAYOUT & APPEARANCE	\square
Is my name at the top of the page and in bold?	
Is all my contact information easy to read?	
Do I have a professional e-mail address?	
Is my resume an appropriate length? (no more than 2 pages)	
Is formatting (e.g. bold, font, bullet sizes, heading styles, capitalization, spacing, dashes, date formats, etc.) CONSISTENT throughout the resume?	
Are the headings and statements evenly spaced?	
Do I have approximately 2-6 bullet points per job?	
CONTENT	\square
Does my professional profile / qualifications summary / core competencies list clearly state what skills I will bring to the position and how I am a good fit?	
Did I include EXPERIENCE, SKILLS, and EDUCATION?	
Did I list relevant certifications, trainings, continuing education, etc.?	
Do my bullet points begin with a verb? Are the verb tenses in the present tense for current jobs and in the past tense for previous jobs?	
Do my bullet points demonstrate results and major accomplishments rather than routine tasks and daily responsibilities?	
Do my accomplishment statements illustrate the use of key skills?	
Did I quantify my results where applicable? (e.g. use of numbers and percentages)	
Is my resume completely free from spelling, punctuation and grammatical errors?	
Did I list my references on a SEPARATE page? (be sure to include your contact information on that separate document)	

Communication Skills
Strong Work Ethic Interpersonal Skills
Teamwork Skills
Initiative/Motivation Honesty/Integrity
Flexibility/Adaptability
Analytical Skills
Interpersonal Skills
Problem-Solving Skills
Honesty/Integrity
Technical Skills



www.jfshouston.org • 713-667-9336